

THE EASTON SENIOR CENTER NEWS

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MISSION STATEMENT

The Easton Senior Citizen's Center is an intellectual, educational, cultural and social center for adults of all ages, but especially for retirees, seniors and physically challenged adults. Its purpose is to enrich the town and surrounding communities and to provide assistance to individuals and communities in need.

SERVICES

Cable TV
Computers
DVDs
Fax Machine
Internet Access
Justice of the Peace
Large Print Books
Mail Services
Manicures/Pedicures
Notary Public
Optelec Readers
Photocopy Machine
Therapy Equipment
Reading Library
Haircuts
Handyman Lists
Manicure and Pedicure
Massage Therapy
Notary Public
Seamstress
Bus transportation for homebound
WiFi [Free]

The Easton Senior Center is open between the hours of 8:00 am and 3:30 pm. We will be closed on Friday, April 14th in observation of Good Friday.

This newsletter is dedicated to Bernadette Edwards. She was an avid gardener, loved to go on trips with the Easton Senior Center and participated in many of the activities. A donation has been made to the Easton Senior Center, in her memory, for the purpose of

beautifying our garden, by the following friends: Ellie Emmesthal, Sue Auger, Rose Altori, Priscilla Bullard, Nancy Garfalo, Helen Winter, and Janet Hogarth. The cost of mailing and printing this program has been paid for by the Domino Ladies, Deby Goldenberg (the Tai Chi teacher) in Memory of Anne Colon and Bernadette Edwards; by Laurie Mellen in memory of Bernadette Edwards, Jackie Reck and Margaret Zelisko; by Karen and Joe Casarin in memory of Jackie Reck and Margaret Zelisko, and Barbara and George Stowell in memory of Bernadette Edwards.



Dear Friends,

Now that Spring is upon us, those of you who have been stuck in hibernation mode, venture out to the center. We have some interesting programs and activities coming up this month that I know you will enjoy. Take a look! The new Social and friendship Group may be of interest to you as well. Details on the back page.

Here are the special happenings for April:



1. April 12th at 10:00 am– 11:00am, the Second in our 4 part series on **ISSUES ON AGING**, both for yourself and Caregivers. "Helping a loved one in the early Stages of Alzheimer's and Other Types of Dementia," Other topics during the months of May and June " Making Decisions vs Intervention", and "Staying Home Longer. " Presented by Synergy HomeCare
2. **MUSIC HISTORY** with Jeffrey Engel with the first part "Keep on Dancing: Part II" will be on April 7th at noon. See the flyer)
3. **ART HISTORY** with Art Gottlieb will be on April 5th and 19th. (See the flyer)
4. **JAMES MICHAEL, BARITONE, WILL BE OUR FEATURED PERFORMER** on April 4 for our **SPRING LUNCHEON**. If you haven't heard him sing, you are in for a treat.
5. **MAMMOGRAPHY'S** will be held here on April 26th from the hours of 9am-1:00pm by appointment. Please call the center immediately.
6. The **WELLNESS** nurse is here every month on the third Friday. At this time you can have you blood pressure, sugar level and Cholesterol checked. Call for an appointment.
7. **BRITISH HISTORY**– Wednesday, April 26 "Anne Boleyn."
8. Our special movie day will be "LA LA LAND on April 13. We will be serving pizza. RSVP

The Buckley family would like to express their appreciation for all your prayers and well wishes as Derek continues on his way to a speedy recovery.

Love, Val