

THE EASTON SENIOR CENTER NEWS

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MISSION STATEMENT

The Easton Senior Citizen's Center is an intellectual, educational, cultural and social center for adults of all ages, but especially for retirees, seniors, and physically challenged adults. Its purpose is to enrich the town and surrounding communities and to provide assistance to individuals and communities in need.

SERVICES

Cable TV
Computers
DVDs
Fax Machine
Internet Access
Justice of the Peace
Large Print Books
Mail Services
Manicures/Pedicures
Notary Public
Optelec Readers
Photocopy Machine
Therapy Equipment
Reading Library
Haircuts
Handyman Lists
Manicure and Pedicure
Massage Therapy
Notary Public
Seamstress
Bus transportation for homebound
WiFi [Free]

Many thanks to the following folks who donated to the cost of printing and mailing this program: Margit Buonicore, Edward J. Fitz and all of the Advertisers, Benefactors, Patrons, Supporters, and Friends who have contributed to the 2018 new Easton Directory to be published this year.

If you are an Easton resident you have probably been contacted by a neighbor about your listing in the upcoming 2018 Easton Directory. If you have not been contacted, please give us a call.

PLEASE note that the only way to see if we have cancelled classes is to check on television channels 3, 8, and 12. The only time we actually close is when the First Selectman closes Town Hall. Often we are open as a warming center even if activities are canceled for those who may have lost power. Due to the past snowstorms in March, it may be a good idea to invest in a radio with a back up battery to get emergency information besides having an emergency contact to check on you should you lose electrical and/or phone power.

Here goes for April.

1. Dr. Ramona Garcia will present the last in her 4-part series on British History "Empress of Russia." April 25. Details are inside.
2. My MOVIE, DEBATE and DISCUSSION classes are planned for May.
3. Be sure to sign up early, also, for LADIES LUNCH BUNCH on April 20. Call for details.
4. Ryan Ventura will present the second in his lecture series as we explore the ability to bring a sense of purpose, by building relationships, in your own family. "CAN YOU HEAR ME NOW." is an exciting new way to bring meaning into your life through types of communication. Join us on April 11. Please sign up so that we can provide treats.
5. THIS IS A MUST!!!! It is a really FUN TIME!!! HELEN KELLER MIDDLE SCHOOL HAS PLANNED ANOTHER ANNUAL "Keller Connects" program for seniors. Last year all the folks who attended had a wonderful time being entertained by the middle school students. Don't miss out on this fun day, Friday, APRIL 27th!! (details inside)
6. EASTONITES I am seeking volunteers to work on the 2018 Easton Directory !! All work can be completed by e-mail or on the phone. Please call immediately.
7. The Spring AARP 55 ALIVE Defensive driving class will be held Wednesday, April 18. Please sign up .
8. CPR training continues this month. Please join us to learn how to SAVE A LIFE!-It may be one of your own family- This refresher course includes CPR for young children. Make sure you sign up now.
9. Shaughnessy-Banks Funeral Home will hold a session on "Preplanning Your Funeral." on Tuesday, April 24. The topic may seem a little depressing but entirely necessary and informative for all of us.
10. "Let Your Health Shine" will be the first in a series in "Coping with Arthritis" with Dr. David Martin on Wednesday, May 16. See details inside. Please sign up if interested.

Fondly, Val

We thank you for any of the following donations you may like to make: Cookies, toilet paper, napkins, blank greeting cards, business envelopes, stamps, and yarn.

