

# THE EASTON SENIOR CENTER NEWS

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## MISSION STATEMENT

The Easton Senior Citizen's Center is an intellectual, educational, cultural and social center for adults of all ages, but especially for retirees, seniors, and physically challenged adults. Its purpose is to enrich the town and surrounding communities and to provide assistance to individuals and communities in need.

## SERVICES

Cable TV  
Computers  
DVDs  
Fax Machine  
Internet Access  
Justice of the Peace  
Large Print Books  
Mail Services  
Manicures/Pedicures  
Notary Public  
Optelec Readers  
Photocopy Machine  
Therapy Equipment  
Reading Library  
Haircuts  
Handyman Lists  
Manicure and Pedicure  
Massage Therapy  
Notary Public  
Seamstress  
Bus transportation for homebound  
WiFi [Free]

We will be closed President's Day (February 18th. Please note!!! We do not coordinate our activities with Easton schools. The only time we CLOSE is when Easton Town Hall closes. We do cancel classes if the weather is unsuitable for senior travel. Please check TV stations 3, 8 and 12  
Special thanks to those special folks, Eileen Crowley, Jack and Carol Bottaro, Lee Sylvestro, Christine Dasilva, Jim and Carolyn Wilson, Trudy McGrenery and Joyce Olson who paid for the printing and mailing of this program.



Thanks to our Chairwoman, Joyce Wrigley and her volunteers, our new "Easton Exchange" is NOW OPEN and will continue through April. You will be able to Browse and Shop at your leisure and purchase new or slightly used items. There is a special coupon on the back page.

1. My weekly sessions based on Religious and Social themes continue on TUESDAYS at 12:30pm. My first set of classes on Auschwitz are full. The next group begins on February 19th and 26th and are based on the following theme. "A critical analysis of women's roles, images, and gender-based practices as they relate to the history of world Religions and present-day theological, philosophical and spiritual thought" Sign up early, please so that I can provide class literature. This class will continue into March.
2. Ladies Lunch Bunch is to be held at Testo's this month. See details inside.
3. Easton Residents ! Please note the Safe Seniors Contact Program and the Safe Seniors Key Keeper Programs forms are included again. Please take the time to read about these great services. I just signed up for the Key Keeper program thinking that there may come a time when something could possibly happen in my house and the Police may need to get into my residence. Think about it, Fire, Burglary, a Tree falling, or a medical emergency. Call us for information. The Contact Program is great. I remember the time when a senior passed away and no one had been near or called for three days . We are all proud to be part of the Easton Police programs designed to make our community a really safe place to live.
4. Art Gottlieb will present a program on "Dorothea Lange" on February 26. Details inside.
5. Dog Behavioral Therapist, Michael Konstantaras, will talk about setting boundaries and keeping your "best friends" excitable habits in check on February 22. Please RSVP
6. Line dancing begins on Wednesdays this month at 10:00am. Why not begin to learn these fun steps at a reasonable pace? Details inside.
7. Elder Law Attorney, Christine Tenore, will hold a round table discussion on 'Long Term Care Planning.' This will include basic Medicare and Medicaid regulations and planning as well.

**DONATIONS NEEDED: Cookies, Wrapped candy, Paper Towels, Toilet Paper, Napkins, Stamps, Business Envelopes, and Yarn. Please keep us in mind.**

### IMPORTANT DATES FOR EASTON RESIDENTS: STAY INFORMED

1. Board of Finance Meeting Dates for 2019 are : 1/8, 2/5, 3/5, 4/9, 5/7, 6/4, 7/2, 8/6, and 9/3, 10/1, 11/12, 12/3 at 7:00pm at the Easton senior Center
2. Historical Society of Easton will sponsor Author and Historian, Marty Podskoch and his book, "Connecticut 169 Club" at the Easton Community Room on Sunday, February 3rd from 3-5pm.
3. Please be sure to refer to the Municipal Agent's Newsletter, inside the program, which has information on Easton Senior Tax Relief for 65 and older!
4. Monday, March 25 at 7:00pm Public Hearing on the Budget (SSES Cafetorium)
5. Monday, April 29 (Likely) at 7:00pm Annual Town Meeting (SSES Cafetorium)
6. Tuesday, May 7 (Likely) Referendum next day after Regional 9 Budget Meeting of May 6