






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1. 9:30am Intermediate Bridge 9:30am Balance and Stretch 10:30-2:00 Facial, Mani/Pedi by appt. 12:00pm Movie: Vera</p> 	<p>2. Massage by appointment 8:45-9:45 Yoga 9:00-10:30am Alterations 12:00pm Mahjong/Card Games</p>	<p>3. 8:45-9:45am Weight Training 9:00am Mexican Dominoes 10:00AM "President Truman" with Art Gottlieb 10:30-12:30am Facial Mani/Pedi appt 12:00pm Duplicate Bridge</p>	<p>4. Massage by Appointment 9:30am Watercolor 9:00am Tai Chi 9:30am Paper Cutting 10:15-11:15am Yoga 12:00pm Movie: <u>Les Miserables</u></p>	<p>5. Haircuts/waxing by appt. 9:30am Knitting/Weaving 9:00-10:00am Chair Ball 12:00pm Scrabble 12:00pm Noon matinee: <u>The Bletchley Circle</u></p>
<p>8. CENTER CLOSED</p> 	<p>9. Massage by appointment 8:30-9:30am Yoga 9:00-10:30am Alterations 10:15am Hearing Testing by Appointment 12:00pm Mahjong/ Card Games</p>	<p>10. 8:45-9:45am Weight Training 10:00am "Estate Planning" Round Table Discussion with Atty. Tenore 9:00am Mexican Dominoes 10:30-12:30am Facial Mani/Pedi appt 12:00pm Duplicate Bridge</p>	<p>11. Massage by Appointment 9:30am Watercolor 9:00am Tai Chi 10:15-11:15am Yoga 12:00pm Movie: <u>Fiddler on the Roof</u></p>	<p>12. Haircuts/waxing by appt. 9:30am Knitting/Weaving 9:00-10:00am Chair Ball 12:00pm Scrabble</p> <p><u>LIFE LINE SCREENING by Appointments</u></p>
<p>15. 9:30am Intermediate Bridge 9:30am NO Balance and Stretch 10:30-2:00 Facial Mani/Pedi by appt. Facials by appointments</p> <p>FALL LUNCHEON WITH BOB GIANNOTTI. SEE FLYER FOR DETAILS</p> 	<p>16. Massage by appointment <i>8-11am Medicare by Appointment</i> 8:45-9:45am Yoga 9:00-10:30am Alterations 10:00am Tuesday Trumbers 12:00pm Mahjong/Card Games 12-1pm Blood Pressure</p>	<p>17. 8:45-9:45am Weight Training 9:00am Mexican Dominoes 10:00am History 'In the Footsteps of the Mob" 10:30-12:30 Facial Mani/Pedi appt. 12:00pm Duplicate Bridge 12:30pm Val's Video and Discussion</p>	<p>18. Massage by Appointment 9:30am Watercolor 9:00am Tai Chi 10:00am-2:00pm Nimble Thimble 10:15-11:15am Yoga 12:00pm Movie: <u>Sacred Scripture</u></p> <p>FLU SHOTS by appointments</p>	<p>19. Haircuts/waxing by appt. 9:30am Knitting/Weaving 9:00-10:00am Chair Ball 11:30am Ladies Lunch Bunch 12:00pm Scrabble</p>
<p>22. 9:30am Intermediate Bridge 9:30am Balance and Stretch 10:30-2:00 Facial, Mani/Pedi by appt. Facials by appointments 10:30am Charity Quilting 12:00pm Movie: <u>VERA</u></p> 	<p>23. Massage by appointment 8:45-9:30am Yoga 9:00-10:30am Alterations 11:30-12:00pm Mahjong/Card</p>	<p>24. 8:45-9:45am Weight Training 9:00am Mexican Dominoes 10:30-1:00 Facial Mani/Pedi by appt . 12:00pm Duplicate Bridge</p> <p>FLU SHOTS by appointments</p>	<p>25. Massage by Appointment <i>8-11am Medicare by Appointment</i> 9:00am Tai Chi 10:00am <i>FIRST AID TRAINING</i> 10:15-11:15am Yoga 10:00-11:30 9:30am Watercolor 12:00pm: Movie: <u>Andre Rieu:Under the Stars</u></p>	<p>26. Haircuts/waxing by appt. 9:00am <u>Meet the Candidates</u> 9:30am Knitting/Weaving 9:00-10:00am Chair Ball 12:00pm Noon Matinee: <u>The Bletchley Circle</u> 12:00pm Scrabble</p>
<p>29. 9:30am Intermediate Bridge 9:30am Balance and Stretch 10:30am Charity Quilting 10:30-2:00 Facial, Mani/Ped Facials by appointments 12:00pm Movie: <u>VERA</u></p> 	<p>30. Massage by appointment 8:45-9:30am Yoga 9:00-10:30am Alterations 10 :00am Calamity Cooking 11:30-12:00pm Mahjong/Card</p>	<p>31. 8:45-9:45am Weight Training 9:00am Mexican Dominoes 10:30-1:00 Facial Mani/Pedi by appt . 12:00pm Duplicate Bridge</p>	